### **Boston's Age Strong Commission**

# **Weekly Digest**

April 25 - May 1, 2022

**Information & opportunities for Boston's older adults** 

If it's been at least four months since your first booster, <u>you are eligible for a second booster if you are</u>:

- 50 years or older; or
- 12 years or older and moderately to severely immunocompromised; or
- 18 years or older AND received 1 Johnson & Johnson's Janssen COVID-19 primary dose and 1 booster dose

Boosters are essential for preventing severe illness from COVID-19. Stay up to date on your vaccinations by getting your COVID-19 booster!

boston.gov/covid19-vaccine



Mayor's Health Line: 617-534-5050

#### Medicare Covers Over-The-Counter Covid-19 Tests

During the COVID-19 public health emergency, people with Medicare can get up to 8 over-the-counter COVID-19 tests per month for free from participating pharmacies and health care providers.

Visit medicare.gov/medicare-coronavirus#300 for more information.



WEEKLY DIGEST Table of Contents

Second Booster Eligibility

Events April 25-May 1

Mayor's Neighborhood
Coffee Hours

<u>Disability Community</u> Forum

Affordable Connectivity
Program

Stay Connected to Age Strong:

City Hall, Room 271
1 City Hall Square
Boston, MA 02201
617-635-4366
agestrong@boston.gov
boston.gov/agestrong





@AgeStrongBos



City of Boston Age Strong Commission



### MONDAY, APRIL 25

<u>9am</u>

#### Age Strong Virtual Chair Yoga

No registration necessary Join by Zoom link <u>here</u>.

11am

#### Job Search Workshops with MassHire

**BPL: Fields Corner** 

1520 Dorchester Avenue, Dorchester Click here for more information.

11:30am

#### Age Strong Virtual Meditation

No registration necessary Join by Zoom link <u>here</u>.

<u>1pm</u>

## Take Back the Kitchen: Cooking Classes for Older Adults

**BPL: Roxbury** 

149 Dudley Street, Roxbury

Click here to register & for more information.

<u>4pm</u>

#### Creating with Paper

**BPL: Lower Mills** 

27 Richmond Street, Dorchester Click here for more information.

#### <u>5pm</u>

#### Parks: Virtual Fitness: Dance Fit

Click here to register & for more information.

5:30pm-7pm

## Writing workshop with Poet Laureate Porsha Olayiwola

**BPL: Roxbury** 

149 Dudley Street, Roxbury

Click here to register & for more information.

#### TUESDAY, APRIL 26

10:30am

#### A Quilting Circle

**BPL: Codman Square** 

690 Washington Street, Dorchester

Click here to register & for more information.

<u>11am-1pm</u>

#### Knit/Crochet Circle

Boston Public Library: Roslindale Branch 4246 Washington Street, Roslindale Click here for more information.

<u>11am</u>

#### Picnic in the Park

Central Square Park

Border Street at Liberty Plaza Shopping

Center, East Boston

Click here for more information.

11:30am -12:30pm

#### Age Strong Virtual Latin Dance

No registration necessary Join by Zoom link <u>here</u>.

<u>5:30pm</u>

### Virtual: Housing Stability Free Legal Clinic

Click <u>here</u> for more information.



6:30pm

Parks: Virtual Fitness: Afrobeats Dance

Click <u>here</u> to register & for more information.

<u>6:30pm</u>

**BPL: Hatha Yoga** 

Boston Public Library, Fields Corner Branch 1520 Dorchester Avenue, Dorchester Click here for more information & to register.

WEDNESDAY, APRIL 27

<u>11am</u>

Parks: Virtual Fitness: Chair Yoga

Click here to register & for more information.

11:30am

Age Strong Virtual Yoga

No registration necessary Click here for more information.

<u>3pm</u>

**BPL Virtual: Shelf Service Live:** 

Recommendations from BPL Librarians

Click <u>here</u> to register for more information.

<u>6pm</u>

Terence Blanchard: Opera Composer in

Jazz

**BPL: Copley** 

700 Boylston Street, Boston

Click <u>here</u> to register for more information.

6:30pm

Food & Book Club: Just Us by Claudia

Rankine

**BPL: Egleston** 

2044 Columbus Avenue, Roxbury

Click here to register & for more information.

THURSDAY, APRIL 28

<u>1pm</u>

**BPL Virtual: Lunchtime** 

Science Fiction/Fantasy Short Story Club Click here to register & for more information.

2-6pm

East Boston Farmers Market

250 Sumner Street, East Boston Click here for more information.

2pm

Tai Chi for Wellness with Eddie Watkins

Click here to register & for more information.

<u>6:30pm</u>

Parks: Virtual Fitness: Zumba

Click here to register & for more information.

FRIDAY, APRIL 29

<u>10am-12noon</u>

BPL Virtual: Drop-in Office Hours: Legal

**Services Center** 

Click <u>here</u> to register & for more information.

<u>11:30am</u>

Age Strong Virtual Zumba

No registration necessary Join by Zoom link <u>here</u>.



Wednesday, May 4: East Boston Memorial Park

Porter and Orleans Streets, East Boston

Friday, May 6: McLaughlin Playground

239 Parker Hill Avenue, Jamaica Plain

Monday, May 9: Doherty Park

349 Bunker Hill Street, Charlestown

Friday, May 13: Mozart Park

10 Mozart Street, Jamaica Plain

Wednesday, May 18: Ramler Park

130 Peterborough Street, Fenway-Kenmore

Friday, May 20: Billings Field

369 LaGrange Street, West Roxbury

Wednesday, May 25: Commonwealth Avenue Mall

15 Commonwealth Avenue, Back Bay

Friday, May 27: Garvey Park

995 Morrissey Boulevard, Dorchester

Thursday, June 2: Elliot Norton Park

295 Tremont Street, Boston

Wednesday, June 8: Smith Playground

235 Western Avenue, Allston-Brighton

Thursday, June 9: Fallon Field

910 South Street, Roslindale

Friday, June 10: Peters Park

230 Shawmut Avenue, South End

Monday, June 13: Horatio Harris Park

Walnut Avenue and Monroe Street, Roxbury

Wednesday, June 15: Langone Park

529 Commerical Street, Boston

Wednesday, June 22: Ronan Park

Mount Ida Road and Marie Street, Dorchester

Friday, June 24: Iacono Playground

150 Readville Street, Hyde Park

Wednesday, June 29: Medal of Honor Park

East 3rd and M Streets, South Boston

Thursday, June 30: Walker Playground

550 Norfolk Street, Mattapan

Sponsored by





CITY of BOSTON



<u>12pm</u>

#### Mayor's Poetry Program Reading

Boston City Hall

1 City Hall Square, Boston

Click here for more information.

12:30pm

Parks: Virtual Fitness: Chair Meditation

Click here to register & for more information.

<u>2pm</u>

#### Tricky Trivia Challenge

**BPL: Mattapan** 

1350 Blue Hill Avenue, Mattapan

Click here to register & for more information.

#### SATURDAY, APRIL 30

<u>9am</u>

Parks: Virtual Fitness: Strength Training

Click <u>here</u> to register & for more information.

<u>1pm</u>

Spring Poetry Reading

640 Washington Street, Boston Click <u>here</u> for more information.

SUNDAY, MAY 1

10 am

Leaf & Yard Waste Drop-Off

500 American Legion Highway, Mattapan Click <u>here</u> for more information.



# DID YOU KNOW YOU COULD SAVE UP TO \$1,500 ON YOUR PROPERTY TAXES?



## JOIN AGE STRONG'S PROPERTY TAX WORK-OFF PROGRAM

Our mission is to enhance the lives of Boston's older adults with meaningful programs and resources.

#### **ABOUT PTWOP**

 Qualified older homeowners could volunteer up to 106 hours for the City of Boston, in exchange for a property tax abatement of up to \$1,500 per fiscal year.

#### REQUIREMENTS

- Age 60+
- Gross income: \$40,000 or less if single \$55,000 or less if married
- You must own & occupy property 3+ years & occupy property as a primary residence.

#### HOW IT WORKS



#### Step '

Submit your application with all supporting documents by July 1, 2022.



#### Step 2

If approved, we'll match you with a volunteering opportunity.



#### Step 3

When you complete the hours, you'll receive a property tax abatement.



City of Boston Age Strong Commission Mayor Michelle Wu

617-635-5741

lisa.martins@boston.gov



#### YOU ARE INVITED

To the City of Boston Mayor's Commission on Disabilities **2022 Disability Community Forum**.

Please join us for an opportunity to meet City of Boston government officials, learn about accessibly initiatives, and provide input about accessibility priorities. To submit questions in advance visit: bit.ly/DisabilityBOS



MAY 11, 2022 2:00-3:30PM



SUFFOLK UNIVERSITY LAW SCHOOL 120 TREMONT ST. BOSTON MA 02108



## **Seniors Save Program**

Did you notice over this winter you need to replace your faulty heating system? The Boston Home Center's Seniors Save Program helps Boston residents over 60 replace their failing heating systems.

Visit boston.gov/how-join-seniors-save-program for the application and more information.



BIT.LY/COMMUTESURVEY2022

BOSTON COMMUTER SURVEY SPRING 2022







The Affordable Connectivity Program offers eligible households up to \$30 per month for internet service, and up to \$100 in a one-time discount for a digital device.

Learn more and submit an application online at **ACPBenefit.org**.

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Innovation and Technology

### **ALL ABOARD**

Starting Tuesday,
March 1, the 23, 28 and
29 MBTA buses will be
fare-free for two years.

OFFICE of MAYOR WU

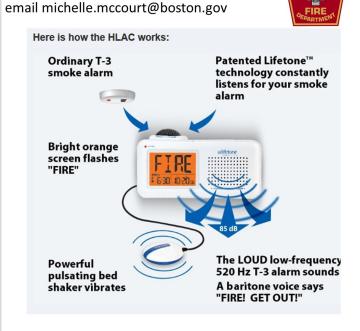


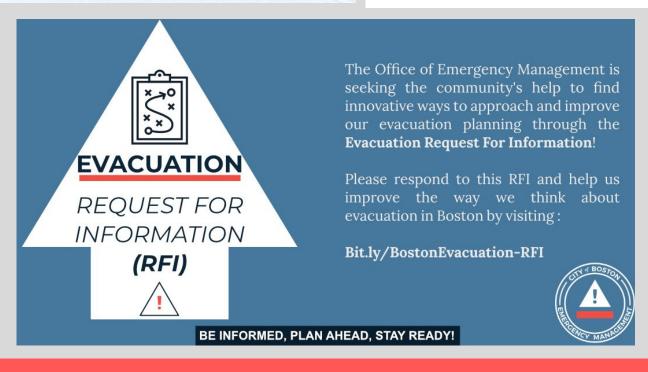
#### **Hearing Loss?**

#### Will you hear your smoke alarm?

The Boston Fire Department will install a

free bed shaker alarm with smoke and CO detectors to ensure you will be able to respond in the event of an emergency. For installation and additional information please call 617-343-3337 or







# 2022 BOSTON ANNUAL RESIDENT LISTING

The Boston Annual Resident Listing is how you, as a Bostonian, ensure that our City works for all of its people.

Learn more at **boston.gov/census** or call **617-635-VOTE (8683)** 

CITY of BOSTON



Elections



# SPECIAL MUNICIPAL ELECTION

Tuesday, May 3, 2022 | District One City Councilor

Boston Neighborhoods in this District include:

Charlestown, East Boston, and The North End

- Ward 1 Precincts 1 14
- Ward 2 Precincts 1 7
- Ward 3 Precincts 1 4













